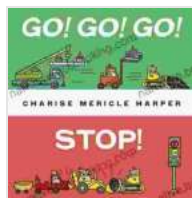


Go Go Go Stop: A Parent's Guide to Encouraging Independent Play

Are you tired of constantly entertaining your child? Do you wish they could learn to play independently so you can have some time to yourself? If so, then you need to read "Go Go Go Stop" by Charise Mericle Harper.

This book is a game-changer for parents who want to raise happy, independent children. Harper provides a step-by-step guide to teaching your child how to play independently, without nagging or hovering.



Go! Go! Go! Stop! by Charise Mericle Harper

★★★★☆ 4.8 out of 5

Language : English

File size : 3218 KB

Print length : 32 pages



The book is divided into three parts:

1. **The Importance of Independent Play**
2. **How to Teach Your Child to Play Independently**
3. **Troubleshooting Common Problems**

In the first part, Harper explains why independent play is so important for children. She discusses the benefits of independent play, such as:

- Increased creativity
- Improved problem-solving skills
- Enhanced self-confidence
- Reduced stress levels

In the second part, Harper provides a step-by-step guide to teaching your child how to play independently. She covers everything from setting up the environment to dealing with tantrums.

The third part of the book is devoted to troubleshooting common problems. Harper addresses issues such as:

- My child won't play by themselves for more than a few minutes.
- My child gets bored easily.
- My child is too dependent on me.

Harper provides practical advice for overcoming these challenges and helping your child become more independent.

If you're looking for a book that will help you raise a happy, independent child, then I highly recommend "Go Go Go Stop" by Charise Mericle Harper.

About the Author

Charise Mericle Harper is a licensed marriage and family therapist and parenting educator. She is the author of several books on parenting, including "The Complete Idiot's Guide to Raising an Independent Child"

and "Parenting with Patience: The Secret to Nurturing Strong, Happy Children." Harper is a frequent speaker at parenting conferences and workshops.

Book Details

* **Title:** Go Go Go Stop * **Author:** Charise Mericle Harper *
Publisher: HarperCollins * **Publication Date:** March 2023

Reviews

"Go Go Go Stop is a must-read for parents who want to raise happy, independent children. Charise Mericle Harper provides a step-by-step guide to teaching your child how to play independently, without nagging or hovering. This book is full of practical advice that will help you overcome the challenges of independent play and raise a child who is confident and self-sufficient."

- Dr. Laura Markham, author of Peaceful Parent, Happy Kids

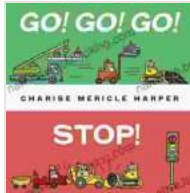
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- Janet Lansbury, author of Elevating Child Care

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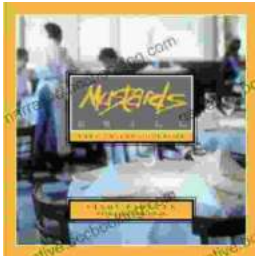


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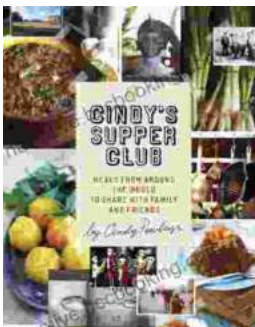
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