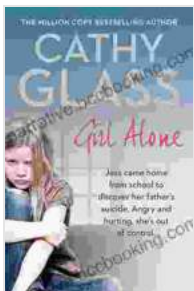


Joss Came Home From School To Discover Her Father Suicide Angry And Hurting She

Joss was just 11 years old when her father took his own life. She came home from school to find him hanging in the garage, and her world was shattered.



Girl Alone: Joss came home from school to discover her father's suicide. Angry and hurting, she's out of control. by Cathy Glass

★★★★☆ 4.9 out of 5

Language : English
File size : 11438 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 337 pages



In the aftermath of her father's death, Joss was consumed by anger and hurt. She didn't understand why he would have done this to her and her family. She felt abandoned and alone, and she struggled to make sense of the senseless.

But Joss was determined to find a way to heal. She started going to therapy, and she began writing about her experiences in a journal. Writing helped her to express her emotions and to process what had happened.

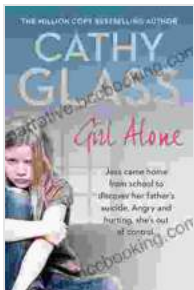
Over time, Joss began to heal. She learned to forgive her father, and she found a way to live with his absence. She also became an advocate for suicide prevention, speaking out about her experiences and helping others to understand the importance of mental health.

Joss's story is a heartbreaking one, but it is also a story of hope and healing. It is a reminder that even in the darkest of times, it is possible to find light.

If you or someone you know is struggling with suicidal thoughts, please reach out for help. There are resources available, and you are not alone.

Here are some resources that can help:

- National Suicide Prevention Lifeline: 1-800-273-8255
- The Trevor Project: 1-866-488-7386
- Crisis Text Line: Text "START" to 741741



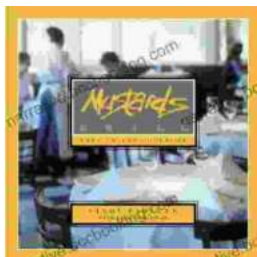
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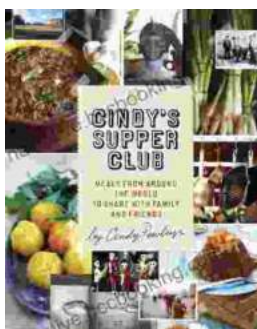
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