## This Will All Be Over Soon: A Memoir of Loss and Renewal, by Cecily Strong

In "This Will All Be Over Soon," Cecily Strong takes readers on a deeply personal journey through grief, loss, and the transformative power of hope. With her signature blend of humor and honesty, Strong opens up about the sudden death of her father, the challenges she faced as a young performer trying to make it in New York City, and her struggles with mental health.

Strong's writing is as sharp as her comedy, and she doesn't shy away from the difficult moments in her life. She recounts the pain of losing her father, the loneliness of being an outsider in the entertainment industry, and the battles she fought with depression and anxiety. But amidst the darkness, Strong finds moments of light and laughter, and she ultimately emerges from her struggles with a renewed sense of purpose and a deep appreciation for life.

"This Will All Be Over Soon" is a poignant and inspiring memoir that will resonate with anyone who has ever experienced loss or adversity. It is a reminder that even in our darkest moments, hope can be found, and that with time and support, we can heal and move forward.



#### This Will All Be Over Soon: A Memoir by Cecily Strong

★★★★★ 4.2 out of 5
Language : English
File size : 3094 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled



"Cecily Strong's memoir is a triumph of the human spirit. It is a raw and honest account of grief, loss, and the healing power of hope. Strong's writing is as sharp as her comedy, and she doesn't shy away from the difficult moments in her life. But amidst the darkness, she finds moments of light and laughter, and she ultimately emerges from her struggles with a renewed sense of purpose and a deep appreciation for life. 'This Will All Be Over Soon' is a must-read for anyone who has ever experienced loss or adversity. It is a reminder that even in our darkest moments, hope can be found, and that with time and support, we can heal and move forward." -

#### The New York Times

"Cecily Strong is one of the funniest people on the planet, but she also has a serious side. In 'This Will All Be Over Soon,' she opens up about the death of her father, her struggles with mental health, and her journey to find hope and meaning in life. Strong's writing is as sharp as her comedy, and she doesn't shy away from the difficult moments in her life. But amidst the darkness, she finds moments of light and laughter, and she ultimately emerges from her struggles with a renewed sense of purpose and a deep appreciation for life. 'This Will All Be Over Soon' is a must-read for anyone who has ever experienced loss or adversity. It is a reminder that even in our darkest moments, hope can be found, and that with time and support, we can heal and move forward." - **Entertainment Weekly** 

"Cecily Strong is a national treasure. In 'This Will All Be Over Soon,' she shares her personal story of grief, loss, and renewal with candor, humor,

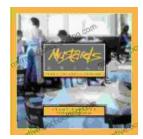
and heart. Strong's writing is as sharp as her comedy, and she doesn't shy away from the difficult moments in her life. But amidst the darkness, she finds moments of light and laughter, and she ultimately emerges from her struggles with a renewed sense of purpose and a deep appreciation for life. 'This Will All Be Over Soon' is a must-read for anyone who has ever experienced loss or adversity. It is a reminder that even in our darkest moments, hope can be found, and that with time and support, we can heal and move forward." - **People Magazine** 



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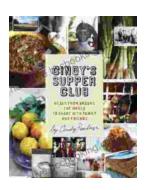
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